

## **Patient Instructions:**

Instructions for adults. Please call for instructions for patients under the age of 18.

### **Barium Enema**

Exam lasts approximately 45 minutes. Prep kit with instructions should be obtained at any SimonMed Imaging location at least two days prior to exam.

### **CT - Abdomen and/or Pelvis**

Exam lasts approximately 30-45 minutes. No food or drink except medications 4 hours prior to exam unless a non-contrast study is ordered.

### **Intravenous Pyelogram (IVP)**

Exam lasts approximately 45 minutes. No food or drink except medications 4 hours prior to exam.

### **Mammography**

Please do not use powder or deodorant under your arms or on your breasts the day of your exam. Wearing a two-piece outfit is suggested.

### **MRI**

No food or drink 30 minutes prior to exam unless contrast study is ordered. Please check with scheduling for further instructions.

### **MRA**

No food 4 hours prior to exam.

### **Ultrasound: Abdomen**

No food or drink except medications and sips of water after midnight for morning exams. For afternoon exams, no food or drink except medications and sips of water 8 hours prior to exam. No coffee.

### **Ultrasound: OB**

15 weeks and under: Drink 32 oz. water 1 hour prior to exam. Patient may eat.

16-30 weeks: Drink 16 oz. water 1 hour prior to exam. Patient may eat.

31+ weeks: No special preparation necessary.

### **Ultrasound: Pelvis**

Drink 32 oz. water 1 hour prior to exam time. Patient may eat. Do not empty bladder.

### **Ultrasound: Renal**

Drink 32 oz. water 1 hour prior to exam time. Patient may eat.

### **Upper Gastrointestinal (UGI) and Small Bowel**

Exam lasts approximately 1 hour for UGI. Small bowel exam lasts 1-3 hours. No food or drink except medications 6 hours prior to exam.